

UNPACKING ABLEIST PRIVILEGE

Under the "You" column, check off the statements that are true for you

You		Other
	1. I can arrange to be in the company of people of my level of ability most of the time.	
	2. If I should need to move my residence, I can be pretty sure of renting a house or apartment that will accommodate me physically.	
	3. I can be reasonably sure that people won't stare at me when they pass by and that will look me in the eyes when speaking to me.	
	4. I can turn on the television or open the newspaper and see people of similar ability to me widely represented.	
	5. If people like me have been discriminated against in history, I can expect to learn about it in school, and how the discrimination was overcome.	
	6. I can do well in a challenging situation without being told how much of an inspiration I am.	
	7. If I am in the company of people that make me uncomfortable, I can easily choose to move elsewhere.	
	8. I can, if I wish, arrange to attend social events without worrying if they are accessible to me.	
	9. I am never asked to speak for all people of my ability group.	
	10. I can go about my day without intricately planning every task, like getting dressed and going to the bathroom.	
	11. Generally speaking, I can go shopping alone and everything is accessible to me.	
	12. I do not have to fear being assaulted because of my ability level.	
	13. Generally speaking, I feel safe.	
	14. I can easily order at a restaurant because menus are accessible to me.	
	15. I feel comfortable and safe in a crowd of strangers.	
	16. Others don't get frustrated with me in public for needing	

	special accommodations or holding up lines,	
	17. I can be reasonably assured that I won't be late for meetings.	
	18. I can be reasonably sure that my ability level will not discourage employers from hiring me.	
	19. It is not common practice to suggest to mother to terminate pregnancy of a baby of my ability.	

	20. Generally speaking, I feel independent.	
	Total	
You		Other