

Breaking Barriers Building Pathways

Creating inclusive workplaces through universal design

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Additional Information & Resources

Click/interact with the links below to learn more about disability inclusion, accessibility, and universal design from different sources.

Microsoft Accessibility Resources

[Microsoft accessibility: vision, hearing, and learning disabilities, neurodiversity and mobility/physical disabilities, and mental health assistive tools](#)

[Instructions for putting captions and subtitles into PowerPoint presentations](#)

[Accessibility features within Microsoft including Xbox360, Windows 11, and Microsoft 365](#)

[Color and contrast for accessibility, ie. Adjusting screen color brightness, inverting colors, using darker](#)

[Information on how to create accessible documents including using the Accessibility Checker and Alt Text for pictures to enable screen readers to read the pictures](#)

[Microsoft article with information on practical steps for being inclusive for people with disabilities](#)

Google Accessibility Resources

[Information on Google Chrome accessibility features, ie. How to export accessible PDFs through chrome](#)

[Google Accessibility products and features](#)

[Google's Official Accessibility Blog](#)

[Resources for Developers and Publishers](#)



[How accessibility is not a new subject and neither is ableism](#)

[Article about how comic sans font is disability inclusive and more accessible](#)

[Toolkit for planning accessible events and physical spaces](#)

[Disability Awareness: Building A More Inclusive Event Industry with Keely Cat-Wells](#)

[Information on resources and assistive technology support in Washington state](#)

[Apps for accessible technology](#)

[How To Plan, Design And Build Inclusive Playgrounds](#)

[Accessible Face masks for face and lip reading: "Wear a mask without hiding your face."](#)

[Instructions on how to turn on live transcriptions for Zoom meetings](#)

[Kings Floyd: "The Cost of Failing To Design Accessibly"](#)

["Acceptance and Accommodation: Bridges to Workplace Inclusion"](#)

Digital Accessibility

[Web Content Accessibility Guidelines \(WCAG\) 2.1](#)

[A11y Project: Accessibility checklists to ensure you are WCAG compliant](#)

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Universal Design Resources

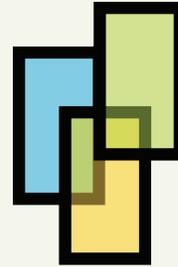
[Introduction to Universal Design](#)

[The history of universal design in the US](#)

[Seven \(7\) principles of Universal Design](#)

[Apply Universal Design across different settings \(workplaces, schools, conferences exhibits, libraries, remote learning, and digital environments\)](#)

[Implement universal design for notetaking. This resource focuses on higher education and universal design but can easily correlate to the workplace.](#)



Disability Inclusion in the Workplace

[Information on stopping disability tokenism and stigma in the workforce](#)

[What is performative disability allyship?](#)

[The difference between performance action and genuine allyship in activism and disability inclusion](#)

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Media/Film:

- **Crip Camp** (a film about the fight for disability rights and accessibility in the US including the longest protest in US history)
- **Speechless** (a comedy TV series about a family navigating life and lack of accessibility, such as in the school system for their son with cerebral palsy)
- **Ted talk by Elise Roy**, who is a disability rights lawyer and design thinker. She is Deaf, giving her a unique way of experiencing and reframing the world
- Ted Talk: [\[Stella Young: I'm not your inspiration, thank you very much\]](#)

Books:

- *Accessible America: A History of Disability and design* by Bess Williamson
- *Becoming Huemann* (Judy Huemann's memoir; provides history on the disability rights movement that started shortly after racial civil rights movement. Captures the intersectionality of support the disability rights movement had from various marginalized groups such as LGBTQIA2S+ communities, veterans, and racial minorities)
- *Haben: The Deafblind woman who conquered Harvard Law: A Haben Girma memoir*
- *Beyond Ramp: Disability at The End of The Social Contract: A Warning From an Uppity Crip* By: Russell, M.

